



What you can do

Sign up to USQ's [Sustainability Pledge](#)

Energy

- Turn off lights if you are leaving a room for more than 20 minutes
- Turn off advertising signs or display case illumination at night
- Utilise daylight where possible
- Switch off your computer during lunch and when you are away at meetings
- Switch off your computer at the end of the day
- Switch off office devices and lighting when they are not needed

Purchasing

- Use online ordering
- Buy only what you need, consider consumable shelf life
- Consider items made with recycled content
- Look for Energy Efficiency labelling when purchasing appliances
- Consider the life-cycle of the product in particular disposal – can the product be reused or recycled?
- Buy locally
- Recycle waste packaging via on campus recycling facilities

Transport

- Car pool or alternatively have a Car-free day by either walking, cycling or taking public transport
- Avoid business travel where possible and opt for a video or teleconference instead
- Offset domestic and international travel



Waste

- Consider the 4R's – Rethink, Reduce, Reuse, Recycle
- Place recyclable waste in the designated bins
- Use a refillable water bottle - not only will it reduce greenhouse gas emissions it will also save you money
- Use a USQ reusable KeepCup for all hot beverage purchases on campus
- Purchase food with minimal packaging

Water

- Reduce your shower time to four minutes
- Turn off the tap while brushing your teeth
- Report water leaks to Campus Services

Biodiversity

- Don't feed or disturb native wildlife
- Ensure all rubbish is placed in the correct bins
- Join a volunteer group