



MCGREGOR

2021 McGregor Summer Students' Materials List

Class **LIGHT EFFECTS IN WATERCOLOUR**

Tutor **Jan Lawnikanis**

We provide this list of materials as a guide only for you to bring to the Retreat. Your Tutor has compiled this list so you can embrace the class and skills being taught.

Please bring the following

Paints –Any **Artists' Quality** brands of watercolour, but my preferred watercolour paints are 'MaimeriBlu', or 'Holbein' or 'Daniel Smith'. These are all worth seeking out; the tubes are 3 times the size of Winsor & Newton and are excellent quality. You will only need the 3 primary colours in **12-15ml tubes**, as you will be creating a palette of 12 colours from these.

MaimeriBlu:	Holbein:	Daniel
Smith:		
Primary Yellow	Permanent Yellow Light	Hansa
Yellow Medium		
Primary Red Magenta	Quinacridone Red	
Quinacridone Rose		
Primary Blue Cyan	Phthalo Blue Yellow shade	Phthalo
Blue Green Shade		

They can be a mix of brands. Jan finds MaimeriBlu to be the most transparent. Don't squeeze out the paint before the workshop as it needs to be soft for mixing and you will need full (new) tubes.

Also bring whatever watercolour paints you already own as you may require more opaque colours depending on the subject matter.

Paper – For this workshop you will require **100% cotton 300gsm Cold Pressed (medium)** or **Rough** watercolour paper in a block or pad at least A3 size. (About a ¼ sheet size or larger.) Or buy full sheets that can be cut down. Again, only buy Artists' quality. Arches, and Saunders Waterford are excellent

brands. Don't compromise on paper, cheap brands are useless! A **watercolour block** is ideal as there is no need to stretch the paper.

Brushes - Bring whatever watercolour brushes you already own, but include at least one or two "rounds" with sharp points. (One small and one larger.) A squirrel hair "mop" would also be handy if you own one or a hake; any flat brush really to suit larger areas. It would be best to bring a range of different brushes as you'll be painting a variety of subjects.

Palette – It is important to have a clean plastic palette to use specifically for the colours you will be mixing. It must have at least **12 empty wells** that aren't too small. Jan may be able to source some palettes to sell that are ideal. Please contact her if you have trouble buying one from your local store.

Other Necessities – Drawing equipment (pencils, eraser, ruler etc), 1 sheet of graphite transfer paper (no other type will do), an old hand towel or rags, tissues, 2 plastic containers for water and masking tape. A pipette or something for squirting small amounts of water would also be handy. Also think about bringing a board with something that will prop up one end for keeping your painting surface at an angle.

References – Jan will have a supply of reference material, but you are welcome to bring photos of anything you particularly have wanted to paint.

Optional – A digital camera, or an iPad or tablet for photographing the still-life. A phone camera will suffice but you may prefer a larger screen. If you have favourite objects you particularly want to paint, you have the option to bring these for the still-life lesson.

Approximate material cost - \$100-\$150 is the estimated material cost. Please note you may already have some items in your art wares collection. Sometimes a tutor or the McGregor Retreats may be able to buy items in bulk to get the best price and we would then seek reimbursement from you. This will be communicated if required.

If you have a question that is specifically about the materials – please contact your tutor on [0410 819 926](tel:0410819926) or jlawnikanis@gmail.com

10-16 January 2021

Daily Schedule:

DAY ONE

Theory lesson and demonstration on the colour of light and shadows. Palette setup with 12 colours for use during the rest of the workshop. Colour and tonal exercises of painting highlights and shadows with a variety of edges.

DAY TWO

Demonstration of artworks painted in different keys and the mood they create. Students manipulate a landscape or building subject by painting it tonally with a different set of values in a particular key.

DAY THREE

Still-life set-up. A look at different compositions and lighting conditions. We will photograph the different options and individuals can pick their favourite to paint from, either from life or by using a photo reference.

DAY FOUR

Still-life painting continues. Faster students can be given a new project.

DAY FIVE

A lesson on reflections in water and on shiny surfaces, also painting skies and the colour of clouds. We will start with small studies in the morning and complete a painting in the afternoon.

DAY SIX

Student choice of flora and/or fauna projects after demonstrations of backlighting and other light effects.

DAY SEVEN

This day will be devoted to either finishing artworks or working on a personal choice, followed by a critique and guidance for individual students.

Bring a Coffee mug –regular black tea and coffee, full cream milk and sugar **are** supplied by the School. **should you require decaf, herbal teas, other milk types or artificial sweeteners please bring your own supplies. We will have 'tea rooms' set up around campus with small fridges that you can keep your own supplies in.*

N.B. It is advisable to mark your equipment for easy identification.

Workshop runs 8.30am to 4.00pm with a light lunch provided at 12noon **only** on the weekend days. You must provide your own lunch Monday to Friday. Please note allergies will be catered for as best we can but depending on the level of dietary/allergy needed to be catered for this may incur a surcharge.

HAZARDOUS SUBSTANCES AND MATERIAL SAFETY DATA SHEETS.

If you bring any hazardous substance to the McGregor School, please ensure that you obtain a MSDS (Material Safety Data Sheet) from the supplier or obtain one from the manufacturer of this substance. To do this, either ask the supplier from whom you purchase the hazardous substance or read the contact details on the hazardous substance and contact the manufacturer and ask for a MSDS. Once you have obtained the MSDS, bring it with you to the school, and hand in a copy to the McGregor School office, or the Tutor.

Hazardous substance can be: e.g. solvents, acids, some paint and glues, chemicals, fixatives, fluxes and solders.

If you are unsure, the Supplier and or manufacturer should be able to inform you if the substance is classed as hazardous.

No hazardous materials.

WORKPLACE HEALTH AND SAFETY – IMPORTANT!!

As the McGregor Retreats are the responsibility of the University of Southern Queensland all provisions of the Workplace Health and Safety Act and Regulations must be followed.

The Compliance Code for the Management of Hazardous Substances requires that

- A Register of all Hazardous Substances to be brought onto the Campus or used at the Winter School is to be completed by each Tutor before the commencement of the School and supplied to the McGregor Schools Office.
- A copy of each MSDS must be provided in each room or area that the hazardous substance is to be used
- All students must be informed of the MSDS before the Hazardous substance is used and students must be instructed to read the MSDS

Please enclose Material Safety Data Sheets for any hazardous substances you will be supplying for the class - e.g. dyes, paints, chemicals, etc

End (MATERIALS LIST AND DAILY ROUTINE)

