

2021 Did you know?



community talk series

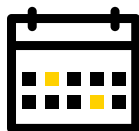
USQ conducts research in many amazing and interesting areas and in this popular series, our experts are keen to share how their research can affect, improve and brighten your everyday life.

When: Third Thursday of each month

Time: 5.30 pm–6.30 pm

Where: via Zoom (so you can join us from wherever you are!)

FEBRUARY TO JUNE



18 FEBRUARY

Why you should report cyberbullying

Dr Petrea Redmond, Associate Professor (Educational Technology)

With the COVID-19 pandemic, most people, including children, are online more frequently than before, increasing the risk of cyberbullying. One of the biggest issues related to cyberbullying is the lack of reporting. Why is it so important for everyone to report illegal and harmful content, image and video abuse and how do you make a cyberbullying complaint?

18 MARCH

Telling the stories of war - two views

Dr Leonie Jones filmmaker and Lecturer (Film and Screen Production) and **Dr Kyle Jenkins** artist and Senior Lecturer (Painting and Art Theory)

There is a renewed interest in the study of war, and telling these stories is a sensitive, emotional and inspiring process. This talk will look at two different views, methods, mediums and purposes for telling these stories of conflict - interactive documentary and visual art installation.

15 APRIL

Keeping your mind in SHAPE

Dr Yong Goh, Senior Lecturer (Psychology)

Events from previous year, such as the bushfires and pandemic, have impacted on our way of life and our mental wellbeing has taken a beating. There is no shortage of self-help strategies out there, but how do you decide which will work best for you? 'SHAPE' is an easy to follow system that helps you assess your emotional wellbeing and identify suitable management strategies. 'SHAPE' will keep your wellbeing in shape.

20 MAY

Australia's affair with Eurovision

Dr Jess Carniel, Senior Lecturer (Humanities)

Australia is geographically very distant from Europe, but is only the second country outside Eurasian to compete in the Eurovision Song Contest. What is it about this glamorous rock competition on the other side of the world that has Australians captivated, even obsessed?

17 JUNE

It is rocket science!

Dr Fabian Zander, Research Fellow, Institute for Advanced Engineering and Space Sciences (Research)

Rocket manufacture is at the cutting edge of science and engineering research and USQ and local partners play a crucial role. Come and hear about the giant leaps and small steps being taken in the rocket industry, including future development and research which will be led by USQ and its partners.

For more information and to register visit

**[usq.edu.au/events/
2021/02/community-talks](https://usq.edu.au/events/2021/02/community-talks)**

UNIVERSITY
OF SOUTHERN
QUEENSLAND



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JULY TO NOVEMBER



15 JULY

I didn't order seizure salad

Emma Turner, Lecturer (Clinical)

Comments such as 'But I didn't order the seizure salad' to 'You're perfect, except for your pancreas' are part of everyday life for Nursing and Midwifery Lecturer Emma Turner. Emma's middle son has Type 1 diabetes and while it is a serious and complex condition that affects their everyday life, it doesn't stop Emma and her three boys from finding lots of humour too. Emma's talk will not only be informative and practical, but a good laugh as well!

19 AUGUST

Food science, different by design

Dr Polly Burey, Senior Lecturer (Food Science), **Ursula Kennedy**, Lecturer (Wine Science)

Why are some foods and drinks perfectly paired yet we turn our nose up at others? What is the science behind these perfect pairings? How can we use this information to create delicious and tempting taste combinations?

16 SEPTEMBER

What is more valuable: time or money?

Suzanne Maloney, Associate Professor (Accounting)

Time and money are man-made concepts - yet they exert such control over our natural lives. Suzanne will explore the everyday ways time and money conspire to twist into a knot of the wants of today with the needs of tomorrow.

21 OCTOBER

If you're smashed by a storm, stress will turn your brain to mush

Dr Barbara Ryan, Senior Lecturer (Public Relations) and Disaster and Emergency communications expert

In preparation for storm and bushfire seasons we clean the gutters and tidy the yard, but the most important thing to prepare is our mind. Dr Barbara Ryan will discuss the effects of stress on your decision-making abilities, what that means during an emergency and the steps to take to be prepared.

19 NOVEMBER

How to feed a young athlete

Dr Stephen Bird, Associate Professor (Sport and Exercise Science)

How to fuel your little Ferrari. You don't fill it with dirty fuel; it needs high octane fuel for peak performance. While parents recognise the importance of nutrition for enhancing training, recovery and sports performance, how DO you feed the young athlete? Dr Stephen Bird will open the kitchen, discussing nutrition essentials, and provide examples. But be warned, this involves letting the kids loose in the kitchen!

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18 March	Telling the stories of war - two views	Dr Leonie Jones and Dr Kyle Jenkins
15 April	Keeping your mind in SHAPE	Dr Yong Goh, Senior Lecturer (Psychology)
20 May	Australia's affair with Eurovision	Dr Jess Carniel, Senior Lecturer (Humanities)
17 June	It is rocket science!	Dr Fabian Zander
15 July	I didn't order Seizure salad	Emma Turner, Lecturer (Clinical)
19 August	Food Science, different by design	Dr Polly Burey, Senior Lecturer (Food Science), Ursula Kennedy, Lecturer (Wine Science)
16 September	What is more valuable: time or money?	Suzanne Maloney, Associate Professor (Accounting)
21 October	If you're smashed by a storm, stress will turn your brain to mush	Dr Barbara Ryan, Senior Lecturer (Public Relations)
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